
























	Mon 2/3	Tue 3/3	Wed 4/3	Thu 5/3	Fri 6/3	Sat 7/3	Sun 8/3
				Veolia bin lift			
9am				Mini Me Yoga - Meeting Room 9am - 11am			Powerhoop 9:30am - 10:30am
10am			Meet and Eat 9:30am - 2:30pm	Tumbletots 10am - 12pm			Zumba 10:30am - 11:30am
11am	Pilates 11am - 12pm						
12pm							
1pm	School PE 1pm - 3:30pm					School P.E. 1pm - 3:30pm	
2pm							
3pm							
4pm		After School Club 3:30pm - 4:30pm					
7pm	Yoga class 7pm - 8pm	Dog Training 6:30pm - 8:30pm	Table Tennis 7pm - 10pm	Taekwondo 6:30pm - 8:30pm			
8pm							
9pm							

	Mon 9/3	Tue 10/3	Wed 11/3	Thu 12/3	Fri 13/3	Sat 14/3	Sun 15/3
9am			 School Class 1 PE 9am - 11:30am	 Mini Me Yoga - Meeting Room 9am - 11am			
10am				 Tumblotots 10am - 12pm	 PO Treatment 10am - 11am	 Broomsticks 10am - 3pm	 Powerhoop 9:30am - 10:30am
11am		 Pilates 11am - 12pm			 PO Treatment 11am - 12pm		 Zumba 10:30am - 11:30am
12pm					 PO Treatment 12pm - 1pm		
1pm		 School PE 1pm - 3:30pm			 School P.E. 1pm - 3:30pm		
2pm							
3pm							
4pm		 After School Club			 PO Treatment		
5pm					 Youth Cafe 4pm - 5:30pm		
6pm			 PO Treatment 6pm - 7pm		 NBYFC Mtg. Rm.&Kit 6pm - 7pm		
7pm	 Parish Council - Meeting Room 7pm - 9:	 Yoga class	 Dog Training 6:30pm - 8:30pm	 Taekwondo 6:30pm - 8:30pm			
8pm			 Table Tennis 7pm - 10pm			 Social Dance 7pm - 11pm	
9pm							

	Mon 16/3	Tue 17/3	Wed 18/3	Thu 19/3	Fri 20/3	Sat 21/3	Sun 22/3
		St Patrick's Day (Northern)		Veolia bin lift			
9am							
10am	Norfolk Country Markets AGM 9:30am - 3:30pm		School Class 1 PE 9am - 11:30am	Mini Me Yoga - Meeting Room 9am - 11am	Kitchen = Film Night 9am - 12:30pm	Kitchen = Film Night + Meal 9am - 10pm	Powerhoop 9:30am - 10:30am
11am		Pilates 11am - 12pm	PO Treatment	Tumbletots 10am - 12pm	PO Treatment	Mini Me Yoga Adult Workshop 9:30am - 4:30pm	Zumba 10:30am - 11:30am
12pm							
1pm		School PE 1pm - 3:30pm				School P.E. 1pm - 3:30pm	
2pm							
3pm							
4pm		After School Club 3:30pm - 4:30pm			F.R.O.G.S Movie Club 3:30pm - 5:30pm		
5pm							
6pm							
7pm	Yoga class 7pm - 8pm	? Dog Training 6:30pm - 8:30pm	Table Tennis 7pm - 10pm	Taekwondo 6:30pm - 8:30pm			
8pm							

	Mon 23/3	Tue 24/3	Wed 25/3	Thu 26/3	Fri 27/3	Sat 28/3	Sun 29/3
							Daylight Saving Time starts
9am			Scho ol Class 1 PE 9am - 11: 30am	Mini Me Yoga - Meetin g Room 9am - 11am	PO Treatment 9am - 10am		Powerhoop 9:30am - 10:30am
10am					Tum bletots 10am - 12pm		
11am		Pilates 11am - 12pm				PO Treatment 10am - 11am	Zumba 10:30am - 11:30am
12pm						PO Treatment 11am - 12pm	
1pm		School PE 1pm - 3:30pm				School P.E. 1pm - 3:30pm	
2pm							
3pm			PO Treatment 3pm - 4pm				NHSR Ltd 2pm - 5pm
4pm		After School Club 3:30pm - 4:30pm	PO Treatment 4pm - 5pm		Youth Cafe 4pm - 5:30pm		
5pm							
6pm							
7pm		? Dog Training 6:30pm - 8:30pm		Taekwondo 6:30pm - 8:30pm	NBYFC Mtg. Rm.&Kit 6pm - 7pm		
8pm	Annual Parish Meeting - Main Hall 7pm - 9:30pm		Table Tennis 7pm - 10pm		Youth Cafe Quiz 7pm - 9:30pm		